

Coronavirus COVID-19

A new coronavirus, first identified in China in December 2019, has caused an outbreak of respiratory illness that the World Health Organization named COVID-19 (coronavirus) in February 2020

If you have fever and/or cough you should stay home regardless of your travel or contact history.

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movements for **14 days**

Symptoms



Fever



Cough



Shortness of breath



Headache



Sore throat

How to prevent



Wash

your hands well and often to avoid contamination



Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



Avoid

touching eyes, nose, or mouth with unwashed hands



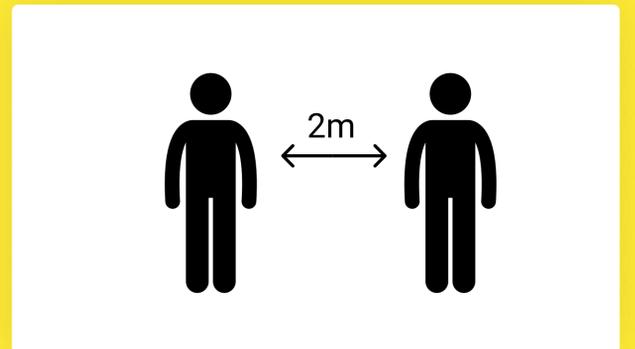
Stay home

when you are sick or exhibit any of the above symptoms



Stop

shaking hands or hugging when saying hello or greeting other people



Distance

yourself at least 2 metres (6feet) away from other people, especially those who might be unwell